

Notes from Northview

Northview Center is opening!

It's the moment you have all be waiting for!
We officially have an opening date of **June 14**.
Hours for the center will be 8:30a.m.-3p.m.
Monday through Friday. It will take time to get the center back to its full programming capabilities but we will get there. Tell your friends, and come on by! We have missed you.

Remember:

- If you are sick, stay home
- Social Distance
- Wash your hands frequently
- We are mask friendly!
Mask are not required for those who have been vaccinated. Please respect everyone who chooses to wear a mask.

Northview Center Reopening...

We will continue to abide by the guidelines from the Centers for Disease Control and Prevention (CDC), Greene County Health Department, City of Springfield and our Parks Department for the safest re-opening protocol. We will rely on you to do your part following these protocols when returning.

Line Dance Class

Learn dance steps, or get a refresher on your favorite steps. This class is perfect for beginners and intermediate level dancers. Sign up today!
Spots are limited.

Who: 55 years and older
Date: Mondays, June 7-28 (4 weeks)
Time: 1:30-3 p.m.
Fee: \$35
*Drop in fee: \$10 per class.
+Must register by 9 a.m. the day of the class.
Availability determined by class size

Where: Northview Center Ballroom (North half)
301 E. Talmage St.

Register: Call Northview Center to register.
Limited to 20 spots

Social distancing is required.

Thank you for you participation and cooperation.

"Even though you're growing up, you should never stop having fun."

- Nina Dobrev

Senior Night Out

Are you ready for Senior Night Out? Let's play Bingo inside Northview Center! Take home an Ott's Pasta dinner to enjoy! Thank you to our bingo sponsor *Orchard Hill Pharmacy and Gossard Insurance & Retirement*.

Who: 55 years and older
Where: Northview Center *Space is limited!*
When: Thursday, June 10
Time: 3 p.m. *Doors will open at 2:45 p.m.*
Dinner: Ott's Pasta
(Fettuccini Alfredo, Breadsticks and Salad)
Fee: \$6 Call Northview to register by **Friday, June 4** *(Same day registrations NOT accepted!)*

What to Bring:

Highlighter or Bingo dauber

Art in the Park

Join us the last Monday of each month to create a fun art project! This month will be a patriotic wreath to hang on your door.

Who: 55 years and older
Date: Monday, June 28
Time: 10 a.m.-12 p.m.
Fee: \$5 per project
Where: Doling Park Museum Courtyard
301 E. Talmage St.

Register: Call Northview Center by
Thursday, June 24

*This is an outdoor class. Social distancing is required.
Thank you for you participation and cooperation.*

Ceramics!

Would you like to paint a ceramic project? There are over 500 ceramic molds available. We can discuss the piece or theme you are searching for. Then you can order and schedule your project pick-up time. ***NEW-** *Would you like to safely sit with your friends and paint a ceramic? Call Northview, to set up a time for a socially distanced, outdoor or indoor activity!*

Cost: Small \$6, Medium \$8, Large \$10

Happiness Challenge

At the end of each day write down three things that made you happy and why it made you happy. At the end of the week reflect on what has made you happy this week. Are these things that you can continue to repeat and create happiness every week.

Looking for something fun to do?

Wednesday Concerts at Noon at Founders Park

Enjoy free half-hour lunchtime concerts Wednesdays at Founders Park, in partnership with Downtown Springfield CID. Bring your lunch and enjoy area performers on stage at the site where Springfield was founded. Performance schedule at ParkBoard.org/Founders. For more information call 417-874-2942

Date: Wednesdays, May 5– June 30

Time: 12:15-12:45 p.m.

Location: Founders Park

Fee: Free

First Fridays at Founders Park

Visit Founders Park during Downtown Springfield's First Friday ArtWalk May-July for live music and live art, in a festive, socially-distanced atmosphere.

Age: All Ages

Date: Friday, June 4 & July 2

Time: 6-9 p.m.

Fee: Free

Gray/Campbell Farmstead Open House

Visit with volunteer docents to look inside historic buildings and learn more about life in the Ozarks in the 1860s. Open, weather permitting.

Age: All Ages

Date: April-October

Time: Sundays, 1:30-4:30 p.m.

Fee: Free

Water Aerobics at Doling Family Center

A great way to get in shape with minimal impact on your muscles and joints. This program is tentative based on current COVID-19 regulations. *Doling Family Center* 837-5900.

Time: Mon.-Fri. 9:30 a.m.

Tues., 5:30 & 6:30 p.m.

Fee: Free/Members, Daily Fee/Nonmembers

Custodian Position Available

Are you or someone you know looking for a part time job? Northview Center is needing a custodian! Hours are approximately Mon-Fri 11:30a.m.-4:30 p.m.

Apply at ParkBoard.org/Employment today!



SeniorAge News!

- Call 417-864-8606 (SeniorAge at Northview)
- * Schedule a pick up or frozen meal delivery.
- * Frozen meal pick up is *only* available on **Tuesdays** 11a.m -12 p.m.
- * Drivers are needed! Let us know if you, or someone you know, are able to assist with meal delivery.
- Call 417-862-0762 (SeniorAge main office) for the SeniorAge Alert Program. It will provide a text or e-mail containing important information, notices and alerts.
- Check out Northview Senior Center's Facebook page for information and updates from SeniorAge.
- Call Grace Health, 417-705-1586 for foot clinic questions and appointments.
- Farmer's Market Voucher: Call SeniorAge for pick up.
- **Drive Through Hot Meal** (*Registration Requested*)

Call 417-864-8606 to reserve your meal.

Alternatives can be provided for all pork and fish entrees, please call ahead.

Hot Meal Menu

Monday's Hot Lunch Menu:

Pick up Between 11:30-12:30 p.m.

June 14 Oven Fried Chicken, Scalloped Potatoes, Steamed Broccoli, Biscuit and Ice-Cream

June 21 Father's Day Lunch: Roast Beef & Gravy, Fried Potatoes, Brussel Sprouts, Roll and Cherry Cobbler

June 28 Hamburger Steak, Mashed Potatoes, & Gravy, Country Mix, Roll, and Ice-Cream

Wednesday's Hot Lunch Menu:

Pick up between 11:30 a.m.-12:30 p.m.

June 9 Turkey and Ham Sub Sandwich, Potato Chips, Three Bean Salad and Peanut Butter Cookie

June 16 Meat Loaf, Mashed Potatoes & Gravy, Green Beans, Roll and Carrot Cake

June 23 Smothered Chicken, Rice Pilaf, Spinach Salad, Garlic Bread and Coconut Cream Pie

June 30 BBQ Chicken, Mac & Cheese, Cole Slaw, Garlic Butter Biscuit and Ambrosia Salad

Guest (60 years and older) suggested contribution is \$3.75.

Guest under 60 pays \$6.

Attention: SeniorAge will be serving meals inside Northview Center starting Thurs., July 1, 2021.