

FAMILY LEARN TO SWIM

The Family Learn to Swim program is designed for all ages – from infants with a parent through level 2 skills. We offer classes that teach basic skills as well as stroke development.

Levels Offered: [Parent and Child \(PAC\)](#), [Preschool](#), [Level 1](#), [Level 2](#)

2020 Spring Sessions

Session 1:	January 6-January 22
Session 2:	January 27-February 12
Session 3:	February 17-March 4
Session 4:	March 23-April 8
Session 5:	April 13-April 29

Members: \$40 per session Non-Members: \$50 per session

Classes are **Mondays and Wednesdays at Doling Family Center** from **5:45-6:30 p.m.** Each session is three weeks long, six classes total!

*Please note our Parent and Child classes are 30 minutes long.

Three Ways to Register

Save time and register online at ParkBoard.org/Aquatics Click "Register Now" and search "Learn to Swim"	Register onsite at Doling Family Center	Print a registration form from our website at ParkBoard.org/Aquatics and mail with payment
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Registrations must be received no later than 12 p.m. the Friday before the session begins. Cancellations will be made at that time if there is low enrollment.



301 E. Talmage
Springfield MO 65803
Phone: 417-837-5900
Fax: 417-837-5904

FAMILY LEARN TO SWIM

What: Family Learn to Swim

When: Mondays and Wednesdays from 5:45-6:30 p.m.

Where: Doling Family Center pool

Objective/ What will be taught:

The goal of this program is to orient children ages 6 months-12 years old to the aquatic environment and to help them gain greater independence in their basic aquatic skills as well as help them develop more comfort in and around the water.

Levels Offered: Please choose a level from the descriptions listed below. If you have any questions please contact the aquatics office at Doling Family Center.

<p>Parent & Child</p> <p>Introduction to and getting the child comfortable in the water with the guidance of a parent. *This class is 30 minutes.*</p>	<p>Preschool Aquatics</p> <p>Designed specifically for 4-5 year olds, they will gain greater independence in their basic aquatic skills and begin to learn stroke motions for arms and legs.</p>
<p>Level 1</p> <p>Learning water safety skills, basic swimming strokes, floating, submerging head and treading water.</p>	<p>Level 2</p> <p>Swimming independently, working on stroke development and learning more advanced strokes.</p>

Class Information/ Guidelines:

- Bring a swim suit and towel every day to class.
- All materials will be provided by your instructor to create the optimal learning experience, so there is no need to bring your own toys and goggles unless you want them for use after lessons.
- If you wish, the swimmer enrolled in swimming lessons may stay after your swimming lesson is over and play in the pool.
- Do not be discouraged if a child has to repeat a level, sometimes it takes several times through a class before a child acquires the skills needed to move on to a higher level.
- We ask that the guardian of the child participating in lessons remains in the facility should a situation arrive and their assistance is needed.
- You may be asked to complete a program evaluation form for this class so please be thinking of things as you watch your child participate to provide better feedback so we can further assist your needs.
- Please check in with the front desk each time you come in to let them know you are here for the Family Learn to Swim program.

Questions? Call 417-874-2816

Refund Policy: If you decide to cancel your registration for our program, a refund request form MUST be filled out and returned at least five business days prior to the start of the program you are registered for. All approved refunds will be charged a \$10 processing fee.