

# WILSON'S CREEK

## ELITE FEET

WITH

# SPARC

Elite Feet is for students 5th and 6th grade. Designed to help youth learn the basics of running. Training will increase slowly to build endurance, includes fun activities, and celebrates success along the way!

**Weekly group practices are Wednesdays.**

## PRACTICE DAY

**WEDNESDAYS**  
**Sept. 20- Oct. 11**

**Cost:** \$30

**Practice Location:** Wilson's Creek

**Practice Time:** After School-3:30

**Race Distance:** -1/4 Mile -1 Mile  
-1/2 Mile -2 Miles

**Race Date:** Zombie Run Saturday October 14th

**Race Location:** Rutledge Wilson Farm Park

\*Cost includes race registration and T-Shirt



## DEADLINE TO SIGN UP: SEPT. 19

To register go online to  
[parkboard.org/SPARC](http://parkboard.org/SPARC)

For more information contact  
Kim at 417-353-6474

Email: [kim.nelson@springfieldmo.gov](mailto:kim.nelson@springfieldmo.gov)



Scholarships may be available for registration fees. Contact the SPARC Office at (417) 837-5737

