

# **SPRINGFIELD-GREENE COUNTY PARK BOARD**

## **2022**

# **ADULT VOLLEYBALL HANDBOOK**

THIS HANDBOOK IS DESIGNED TO ANSWER SOME OF THE MORE COMMON QUESTIONS ASKED CONCERNING THE SPRINGFIELD-GREENE COUNTY PARK BOARD ADULT VOLLEYBALL PROGRAM. OUR OFFICIAL RULES FOLLOW THE HIGH SCHOOL and USA RULE BOOKS AND WILL BE FOLLOWED UNLESS OTHERWISE SPECIFIED.

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### **SPRINGFIELD-GREENE COUNTY PARK BOARD**

**1923 N. WELLER**

**SPRINGFIELD, MO. 65803**

**PHONE: (417) 837-5817**

### **CHECK YOUR LEAGUE STANDINGS AT:**

**<https://www.teamsideline.com/sites/springfieldmo/home>**

## **HOTLINE NUMBER: 417-864-1379**

### **CANCELLATION PROCEDURES FOR LEAGUES**

The Springfield-Greene County Park Board's Athletics hotline can be called 24 hours a day / 7 days a week. Game cancellations will be posted to this number. Call 864-1379 and press option #1.

### **ADULT LEAGUE DIVISIONS**

"A" Level – This is the top league. Can be also called "UPPER LEVEL" with some good B teams.

"B" Level – Good to strong competition, any player allowed, and high school rules will apply with some exceptions noted in this manual. The "B" can be divided into:

"B-1" – the upper-level teams in the "B" division.

"B-2" – the lower-level teams in the "B" division.

"C" Level – Some technique is not stressed at this level (except for really bad techniques). Can be called "LOWER LEAGUE" with weaker B teams.

### **PLAYER ELIGIBILITY & SUSPENSION OF PLAYERS**

1. Age requirements: age fourteen (14) and up.
2. **Roster forms MUST** be turned into the office or to the scorekeeper prior to your 1st game to avoid a forfeited game. Open rosters are used in adult volleyball leagues.
3. **SUSPENSIONS:** The Springfield Park Board reserves the right to suspend players for misconduct, damage to Park Board or School Property, or any reason deemed detrimental to the volleyball program.
  - A. A player, coach, or team follower ejected from a game will be suspended only for that game. A second ejection will result in a three-game suspension, a third ejection results in a suspension for the rest of the session. The Park Board staff reserves the right to impose more severe penalties.
  - B. If a player is disqualified from a match due to unsportsmanlike conduct, the player must leave the bench and the gym floor area within one minute. Players can cool down in the

restrooms before leaving the facility entirely within a reasonable amount of time deemed by the league supervisor.

C. Pulling on the net in a destructive manner is considered an unsportsmanlike act and the player involved can be removed from the match at the discretion of the referee and/or league supervisor.

4. This rulebook is considered a warning to all players that unsportsmanlike conduct will not be tolerated in our leagues. Please advise your players. Further warnings by the referee and/or league supervisor can be given at their discretion. However, remember an ejection can be given on the first offense.

## **LEAGUE ORGANIZATION**

1. League play will run for seven (7) matches during the season
2. A \$25.00 FORFEIT FEE will be assessed if a team fails to show up for a match. The forfeit fee must be paid no later than three (3) working days after your team's forfeit to return to the league. Mail forfeit fees to: Springfield-Greene County Park Board, C/O Jennifer Leatherman, 1923 N. Weller, Springfield, MO 65803.

**Note: The forfeit fee will be waived if a team calls 417-837-5817 before 3:00 p.m. on the same day of the match and notifies staff of their inability to play for the night.**

3. Forfeit time is as follows:
  - 5 minutes after scheduled match time is a forfeit of the first game.
  - 10 minutes after scheduled match time is a forfeit of the match.
4. The League champion will be determined by the Recreation Crew.
  - Two-way ties will be determined by head-to-head competition, (who won the match.) Teams that played each other twice in a season, and split the matches, will be determined by adding the total number of points scored against each team by their opponents. The **LOWEST OPPONENT POINT TOTAL WINS.**
  - Three-way ties will be determined by the lowest point total wins (See 4a. above).
5. All players and team followers assume all risk of accidents and injury arising from participation in the Springfield Park Board Volleyball leagues.

**PROTEST - No protests will be accepted on judgment calls.**

## **PLAYING THE GAME**

### **GENERAL RULES**

1. Teams will be composed of six players; HOWEVER, a match will start with a minimum of five (5 players) and may continue with a minimum of four (4) players (in the event of injury).
  - A. When a match is started with five players, it must continue with the same players until a **PROPER SUBTITUTE** enters the game.
  - B. When playing with less than six players, a side out will be awarded when the empty position(s) is due to serve. **Not used when both teams are short with the same number of players.**
  - C. In the event of multiple injuries, the match may continue with side outs awarded for each empty position. **A game cannot end or be won on a side out.**
2. **Player Substitutions:**
  - A. The scorekeeper must first be notified of all substitutions.
  - B. A substitute player will not enter the game until after the referee signals.
  - C. The incoming player must remain in the same serving order/rotation of the player replaced

- D. A player who reenters the game will return to their original position, EXCEPT in case of injury or illness.
  - E. Substitutions may be made at any time in case of injury
  - F. Level "C" league players can enter the game as many times as they wish.
  - G. At the start of a new set, players may change positions, after the scorekeeper and referee are notified of the changes in the line-up.
3. **The Serve CANNOT be blocked or spiked (attacked) by the receiving team. Setting a serve is permitted-** per Springfield/Greene County Park league rules.
- A. The first server for each team is the player in the right back position. Thereafter, when a team is awarded a side out, the player in the right front position rotates to the serving area. (**Note:** There is no rotation prior to the first serve in the Park Board Leagues.)
  - B. The serve may take place from any location along the end line in accordance with the high school rulebook.
  - C. All players must remain in position on the court (order of rotation) until contact is made on the serve; After the ball is contacted, players may move to other positions.
4. **The first two sets (games) are won when a team scores 25 points. The match is won when a team wins 2 out of 3 sets. A team must win by at least 2 points in each set.**
- In the case of a 24-24 tie or 25-24 score, play continues until a 2-point lead is reached.
  - Third set tiebreakers are played to 15 points. The winning team must win by at least 2 points.
5. **Time-outs and time between sets:**
- Each team is authorized two (2) time-outs during a match. A time-out will not exceed one minute. Time-outs may be requested at any time the ball is dead. Time outs will not be called when the ball is in play.
  - The rest period between sets is one (1) minute
6. **Legal contact** (bump/set/spike) involves no prolonged contact, no double contact, and the ball does not come to rest on any part of the player's body.

### Types of Violations

- **Illegal contact/lift** is called when a player makes prolonged contact with the ball or allows the ball to visibly come to rest with any part of the player's body.
  - **A double hit/contact occurs when a player hits the ball twice in succession or the ball contacts various parts of the body in succession.**
  - **Net violation** is contact with the net by a player between the antennae, during the action of playing the ball. The action of playing the ball includes (among others) take-off, hit (or attempt) and landing.
  - **Under Net violation** occurs when a player goes entirely under the net onto the opposing team's side. A player can touch the opponent's court with feet or hands, provided some part of the player's extremity is on or above the center line. Players may also touch the opponent's court with an entire foot or hand or any other body part(s), provided the encroachment does not present a safety hazard, does not interfere with the opponents, and some body part is on/over the center line
7. **TRAVESTY RULE** will be called at the discretion of the referee and/or league supervisor if a team deliberately tries to misplay points to make the match last longer. A warning will be issued for the first offense of the match. Second offense will result in forfeiture of that game. FURTHERMORE, the offended team will receive five points and the serve for the following game. The third offense will result in forfeiture of the match.

## 8. **Illegal Substitutions:**

- A. For the serving team, any points known to have been scored during a term of service in which an illegal substitute is discovered in the game, will be canceled.
- B. For the receiving team prior to the contact of the serve by the opposing team, all points earned during the previous term of service by the violating team while the illegal substitute was in the game, will be cancelled.
- C. After the serve has alternated **AND the first serve is contacted**, NO CANCELLATION OF POINTS WILL TAKE PLACE.
- D. IN ALL CASES, THE ILLEGAL SUBSTITUTE MUST ENTER LEGALLY OR BE REPLACED BY A LEGAL PLAYER.

9. **PLAYABLE OVERHEAD OBSTRUCTIONS:** A ball striking the ceiling or an overhead obstruction above the playable area shall remain in play provided the ball contacts the ceiling or obstruction on the same side of the net occupied by the team that last played the ball, and the ball is legally played next by the same team.

10. The Park Board reserves the right to make final determination on any rules or interpretations that may differ from the High School Rule Book.

## CO-ED LEAGUE exceptions

1. A team will consist of three men and three women on the court. The game can start with three men & two women, two men & three women, or two men & **four** women. The game will continue with five players until the proper ratio of three men and three women can be reached.
2. If the ball is hit three times by a team before the ball is returned across the net, a female must hit it at least once. If the ball is hit less than three times, there is no such requirement.

## LIBERO POSITION FOR WOMEN'S PLAY ONLY

The Libero is a back-row player and is not allowed to complete an attack from anywhere if, at the moment of contact, the ball is entirely above the height of the net. Only one Libero may be designated per game. THIS POSITION IS AN OPTIONAL POSITION.

- This person is just a back row defensive player and cannot play the front row.
- Must sit out one play before reentering into the back row.
- Shall not block or attempt to block.
- Shall not serve.
- Shall not set the ball using overhand finger action while in front of the attack line extended, for an attack above the height of the net.

## BUILDING REGULATIONS

1. No smoking or alcohol is permitted in or on School or Park Board property.
2. Any damage to school or park property by a team member must be paid for immediately, or the team will be penalized.
3. All items of food, snacks or drink brought into the center must be discarded into the trash containers as soon as it is finished.
4. All participants and spectators must follow the rules for the center they are participating concerning food and drinks.
5. **When playing at Doling, Dan Kinney or Chesterfield Family Centers, volleyball players must always follow facility rules. If childcare is needed, the parent must pay for daily entrée plus childcare charge.**