



Tuesdays and Thursdays
@ 6 p.m.
Doling Aerobics Room

Beginning & Advanced Tae Kwon Do

Summer Session Dates

Session 10: Sept. 20-Oct. 13

Session 11: Oct. 18-Nov. 10

Session 12: Nov. 15-Dec. 8

Session 13: Dec. 13-Jan. 5

Build self-confidence,
learn self-defense, achieve
new skills and make new
friends. Beginners and
advanced welcome.

\$30/Member,
\$40/Non-Member

For ages
5 yrs and up