

LAURA BAKER

Laura has been coaching at Jordan Valley Ice Park since 2010. She is a PSA Rated Professional with a Senior Rating in Group Instruction and Registered Ratings in both Free Skate and Moves in the Field. As a skater, she has passed her Intermediate Moves in the Field, Bronze Free Skate, and Bronze Ice Dance tests. She has also performed in local Ice Shows over the years. Laura teaches Free Skate, Moves in the Field, Ice Dance, Off – Ice Strength and Conditioning, and Choreography. Laura enjoys working with recreational and competitive skaters of all ages. **\$42/ HR**

AUTUMN PRESTON

Autumn is in her second season of coaching. She has been skating for 6 years. She enjoys teaching the younger skaters in Snowplow Sam. She has completed her Pre-Bronze tests in Moves-in-the-Field and Freeskate. Autumn is an active member of the adult skating program having skated in numerous shows and exhibitions. In her free time, she enjoys running and spending time with her family. **\$40/ HR**

BETHANY KONNERUP

Bethany has been a coach on staff since 2010 and has skated since 2006. She has tested through her intermediate moves in the field and freeskate and has performed in many local ice shows. Bethany is also a full time registered nurse in the NICU at Cox South. She is certified in CPR and AED. Bethany loves to coach recreational and competitive skaters of all ages and enjoys sharing her passion for skating with others. **\$40/ HR**

BETHANY SHINN

Bethany Shinn has been skating since 2001. She was a competitive figure skater for 7 years having success at the state and regional level for several seasons. Bethany has passed her Intermediate Free Skate, and Novice Moves in the Field tests. She is part of Professional Skaters Association and has earned her Registered Rating in Moves in the Field and Group. Bethany enjoys working with all ages and skill levels. She instructs both competitive and recreational skaters. **\$40/ HR**

REAGAN DICKEY

Reagan has been skating for 9 years and is in her second season as a group lesson coach for Learn-to-Skate and JVIP's summer program. She has passed her Preliminary Moves test and Pre-Preliminary Freeskate tests and has participated in numerous ice shows and exhibitions. Reagan attends Lindenwood University in St. Louis. Outside of skating, Reagan likes to play tennis or go shopping. Reagan has a passion for working with the younger kids in the group lesson program and loves seeing them progress from the beginning to the end of each session. **GROUP LESSONS ONLY**

JESSICA TEAVER

Jessica has skated for a total of 9 years. She recently passed her Intermediate Moves in the Field test, and is working on her Novice Moves in the Field test. She has also tested through bronze ice dance, and is working on pre-silver and silver ice dance tests. She enjoys teaching freeskate, moves in the field, and ice dance. Outside of skating, Jessica has been a nurse for 9 years, and currently works as an ICU/critical care nurse. She is CPR/ AED and first aid certified, and enjoys teaching all ages and levels. **\$44/HR**

JESSICA WARD

Jessica began skating 20 years ago and has skated competitively in Regional and National competitions as well as in Synchronized skating and Theatre-On-Ice teams. Jessica graduated from James Madison University in Virginia with a Bachelor's Degree in Psychology. She currently holds a Senior Rating in Moves in the Field and Registered Ratings in both Group and Free Skate with the Professional Skater's Association. She specializes in Moves in the Field, Free Skate, and Ice Dance. She is passionate about technique and edge quality in the sport of figure skating and loves sharing her enjoyment of the sport with others. **\$45/ HR**

JOLYN HECHT, Skating Director

Jolyn Hecht has been on the ice for 32 years and has experience with Singles, Moves-In-The-Field, Synchro, Figures, Choreography, and Ice Dance. She was a competitive skater in singles and synchronized skating, and has Regional, Sectional, National, and International competition experience. She has been a coach at Jordan Valley Ice Park since 2014, and the Skating Director since 2015. She holds a Registered Rating in Freeskate with the Professional Skater's Association. She enjoys teaching beginners through more advanced level skaters and power skating skills to hockey skaters. Jolyn received her Bachelor's and Master's Degrees from University of Missouri. **\$52/ HR**



Private Lesson Program

Private lessons are available to any skater who wishes to have one-on-one or semi-private instruction from a certified coach. Private lessons can be used to supplement the group lesson curriculum or for skaters who need the more individualized, flexible instruction that private lessons offer.

Coaches: Private lessons are offered by Jordan Valley Ice Park coaches. Coaching bios are located on the opposite side of this page. Please contact the skating director to be put in touch with a specific coach.

Rates: Private lesson rates are set by each coach. Rates are located on the opposite side of the page. Rates range from \$40-\$52/hour. Skaters pay for their lessons at the front desk and are expected to pay at the time of their lesson.

Scheduling: Private lessons are held on public skating sessions or freestyle sessions. Coaches and skaters will determine what time lessons will be held and the length of the lesson. Lessons can occur in 15, 30, 45, or 60 minute increments.

Cancellation: Cancellation policies are set individually by each coach, but generally lesson cancellations must be made 24 hours in advance directly with the coach, otherwise the lesson will still be charged.

Ice time: In addition to lesson fees, skaters must pay for the ice time. Practice and lesson ice time are paid at the front desk. All skaters must check in at the front desk and pay for the **entire** freestyle/public session. Ice time will not be pro-rated if a skater is late getting on the ice or gets off the ice early. Skaters are welcome (and encouraged) to skate for whole session.

Public Sessions: Lessons and practice occurring on public sessions must practice freestyle elements at center ice within the 4 cones. Upper level elements pose a safety issue to public session and are best practiced on freestyle ice time.

Semi-Private Lessons: In semi-private lessons, coaches set their own rate for the group but each skater must pay individually for the ice time.

Ice Etiquette: Skaters are asked to be courteous and respectful of their fellow skaters. Skaters in a lesson are given the right of way. Skaters practicing their programs with music are also given the right of way. Skaters should not huddle together in the middle of freestyle ice. Although congregating is best done in the lower lobby, if skaters need to converse on the ice, it should take place at the boards.

Choreography: Private lessons are often used to choreograph programs for skaters to use for competition, shows, or exhibitions. To participate in rink exhibitions (Festival of Lights Holiday Exhibition) and shows (Annual Spring Show), skaters must use a pro-staff coach to have their programs choreographed.

Music: Skaters wishing to practice their program or dance with music must put their music at the end of the play line. Coaches in lessons may cut their student's music to the front of the line only once during a 30 minute lesson and may not cut in front of another coach in lesson.

Coffee Club: Open to skaters over the age of 18.

Ice Time Cost:

Public Ice: \$5.00/ session*

Unlimited Annual Public Pass: Youth, Student, Senior - \$100.00

Unlimited Annual Public Pass: Adult- \$150.00

Freestyle: \$10.00/ hour*

Unlimited Freestyle Monthly Pass: \$150.00

*Sessions are not pro-rated.

Questions?
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Skating Director
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