



Southwest Missouri Senior Games 2019 Volunteer Registration Form

Name _____ E-mail _____
 Address _____
 City _____ State _____ Zip _____
 Home Phone (____) _____ Cell Phone (____) _____
 ER Contact: _____ ER Relation: _____
 ER Number: (____) _____ ER Number: (____) _____

Have you previously volunteered with Senior Games? Yes No

How did you hear about these games? _____

Wednesday, May 29

- 8 a.m. Pickleball

Thursday, May 30

- 8:30-11 a.m. Hydration Station
 8:30-11 a.m. First Aid
 8:30 a.m. **Skill Events**
 Jump Rope
 Around the World Basketball
 Basketball Dribbling
 Free Throw Basketball
 11 a.m.-2p.m. Hydration Station
 11 a.m.-2p.m. First Aid
 12 p.m. Electronic Darts
 1 p.m. Men's Baggo
 Women's Washer Toss
 2 p.m. Women's Baggo
 Men's Washer Toss

Friday, May 31

- 9 a.m. Women's Bocce
 10 a.m. Men's Bocce

Saturday, June 1

- 8 a.m.-1 p.m. Track and Field First Aid
(sports medicine/athletic training helpful)
 8 a.m.- 1 p.m. Track and Field Events
 Shot Put Discus
 Dash (includes 50M, 100M, 200M, 400M,
 800M, 1500M, 800M Prediction Walk/Run)
 Long Jump: Standing, Running, Triple
 High Jump

**Event Descriptions and Duties* →
are on reverse side of this page

Thank you for interest in being a volunteer with the Southwest Missouri Senior Games.

Please complete this form by May 15, 2019
 FAX to: **(417) 837-5905**
 or mail to: **Southwest Missouri Senior Games 301 E. Talmage St. Springfield, MO 65803**

A confirmation letter will be sent with volunteer assignment,
 along with all necessary information, directions, etc.

If you have questions, call (417) 837-5808.

Office use only: Date received: _____ Contacted: _____
 Placement: _____
 Notice sent: _____ Initials: _____



Southwest Missouri Senior Games Event Descriptions

(Event are conducted in accordance with state and national rules, except as modifications noted in rules.)

Volunteer Information - Volunteers are to check in at Northview Center at least 30 minutes prior to scheduled time to receive instructions. If working at a different event site, please check in on-site.

Volunteers will be provided nametag or may wear "company" name tag during events.

If working outdoors, remember sun protection (sunglasses, hat, sunscreen, etc.).

Baggo - Event coordinator, score keeper

Bocce Ball - Score keeper

Electronic Darts - Event coordinator, score keeper

Pickleball - Assist with events, score keeper

Skills Events - Timers, score keepers

Washer Toss - Event coordinator, score keeper

Track and Field - Timers, score keepers

Hospitality Room - Maintain hydration station & refreshments.

Registration Area - Assist SMSG staff with athlete check in, distribute/receive event information and equipment, monitor registration table, etc.

Descriptions:

Event Coordinator - Responsible for event equipment, conducting the event, explaining rules, directing athletes & volunteers, recording and submitting scores, awarding medals.

Score keeper/timer - Responsible for keeping score, timing athletes as directed by event coordinator.

Event Descriptions:

Baggo - Men and women compete separately. Played with 4 bean bags (similar to washers). Game will be played to 11 points.

Bocce - Men and women compete separately. Played by tossing balls to get closest to jack ball.

Electronic Darts - Scoring for both men and women competitions. Darts provided.

Pickleball - Doubles. Game played with paddles and ball (similar to tennis & table tennis)

Skills Events: Men and women divisions. Age brackets will be determined by number of athletes.

Around the World Basketball - 5 designated spots, athlete has a max of 3 minutes to complete their 15 shots.

Basketball Dribble - Athletes dribble through a series of cones, down and back. Fastest time wins!

Basketball Free Throw - Athletes shoot 15 shots. Best score out of 15 shots wins. Athletes have a maximum of 3 minutes.

Jump Rope - Athletes are timed for 2 minutes, most jumps completed wins. Ropes provided or bring own.

Track and Field - Men and women competitions.

Track - Running Events - timers for 50m, 100m, 200m, 400m, 800m and 1500m

Prediction Walk - 800m - Goal is to estimate most accurately how long it will take to complete the course.

Field Events - Men and women competitions.

Jumps - Measure & record score for standing, running, triple and high jump. Object is to achieve longest/highest jump. Three attempts allowed per distance.

Throws - Measure & record score for football and softball throws. Object is to achieve longest, most accurate throw. Three attempts allowed.

Discus - Measure and record score 3 throws. Object is to achieve the longest distance.

Shot-put - Measure and record score 3 throws. Object is to achieve the longest distance.

Washer Toss - The first competitor to reach 21 points wins or highest score after 12 innings.

See SMSG Registration Form for schedule of all events.