

Interactive Kids



2701 S Blackman Road
Springfield, MO 65809
Phone: 417-891-1500

Have you been looking for a way to get your little ones excited about fitness? We have two opportunities for your little ones to SPIN or hit the treadmill like mom and dad!

Saturdays – 8:45 a.m.

Ready, Set, SPIN!

Community Room



This interactive gaming system will get your child peddling hard and fast to beat multiple levels in the Smart Cycle App.

Ages: 2 – 6 yrs. Old

Fee: FREE for members

Daily Fee for Non-members

Saturdays – 9:30 a.m.

Little Runners

Community Room



This interactive gaming system will get your child running, jumping and having a blast trying to beat multiple levels in the Mighty Runner app.

Ages: 5 – 10 yrs. Old

Fee: FREE for members

Daily Fee for Non-members

